**TOURNAMENT RULES**

***PATTERNS***

The bracket system of elimination will be used. The competitors will compete “one to one”, performing their patterns at the same time. The winner will advance to the next round.

***SPARRING***

1. **Sparring Gear Requirements.** All competitors must have foam or “Top Ten” style hand, foot and head gear. Also each must have a mouthpiece and groin cup for males.
2. **Sparring will be continuous.** Two (2) minutes for black belt divisions, 1-1/2 minutes for adult color belts and 1 minute for junior divisions. Corner judges will tally their scores at end of match. In the event of a draw, warnings will be evaluated to determine a winner, if match is still a draw, center referee will decide winner (color belt div). A draw in black belt division will result in 1 minute overtime round, if match is still a draw, winner will be decided by sudden death round.
3. **One point will be awarded for:** Hand technique direct to legal medium or high section

Kick technique direct to legal medium section

**Two points will be awarded for:** Kick technique direct to legal high section, Jump kick to medium section.

Jump hand technique to legal high section.

**Three points will be awarded for:** Jump kick technique to legal high section

1. **Scoring procedure:**

Light contact to the body. Light contact to the head – on headgear only (color belt division). Black belts may make light contact to face. Points will be given only for correctly delivered techniques under the following conditions – Proper distance, correct posture, appropriate tool to legal section and proper control.

1. **Legal target areas:** Face – from forehead to chin, side of head, chest, abdomen, side - from armpit to waist.
2. **Illegal target areas:** Neck, throat, top of head, back, all areas below belt
3. **Illegal techniques:** Blind techniques, open hand, knee strike, elbow strike, sweeping
4. **Warnings:**

One minus point will be deducted after the 3rd warning for any combination of the following offenses: Attack to an illegal target, stepping out of the ring (both feet), fall (touching floor with any other part of the body than the feet), holding, pushing, grabbing, avoiding sparring, attack with illegal technique.

1. **Fouls:**

One point will be deducted for the following offenses: bad behavior/unsportsmanlike conduct, attacking a fallen opponent, attacking after the referee gives stop command, any kind of injury to an opponent, excessive force. \*NOTE – excessive force is forceful technique with or without contact, or any circular technique that passes through the target and is deemed dangerous and uncontrollable.

1. **Disqualification:**

Ignoring instructions given by referee, attack causing an injury on the opponent and inability to continue the match, committing three (3) fouls of any kind, committing two (2) fouls of the same nature.

***GRAND CHAMPION***

There will be eight (8) Grand Champion divisions at black belt level; Male and Female, 10-12 year olds, 13-16, 17-35 and 36-up. Grand Champion will be decided by overall placing in individual patterns, sparring, and power breaking.

***COUPLE PATTERNS***

Couple patterns can be any two persons, i.e. male/female, male/male, female/female. Divisions will be divided into color belt, black belt and family.