



**TAEKWON-DO
OPEN ASIAN CHAMPIONSHIP AND CUP
KYRGYZSTAN, ISSYK-KUL**



Taekwon-do ITF Open Asian Championship and Cup 2019

Agenda

June 26 - 30 2019

June 24-25, 2019

09.00-20.00 - registration and issuance of identification documents

June 25, 2019

09.00 - 13.00 - International Umpires Seminar

13.00 - 14.00 - Lunch

14.00 - 18.00 - International Umpires Seminar

June 26, 2019

09.00 - 16.00 – Weight in

16.00 - 16.30 - Meeting for coaches and team representatives

17.00 - 19.00 - Official opening ceremony of the 2019 Asian Championship and Cup

June 27, 2019 - Open Asian Championship 2019

9.00 - 13.00 - Start of competitions: pattern and sparring, awarding

13.00 - 14.00 - Lunch

14.00 - 18.00 - Continuation of the competitions, awarding

June 28, 2019 - Open Asian Championship 2019

9.00 - 13.00 - Start of competitions, awarding

13.00 - 14.00 - Lunch

14.00- 18.00 - Team sparring and team pattern

June 29, 2019 - Asian Open Cup 2019

9.00 -13.00 - Start of competitions: pattern and sparring, awarding

13.00 - 14.00 - Lunch

12.30-18.00 - Continuation of competitions, awarding

June 30, 2019 - Asian Open Cup 2019

9.00 -12.00 - Start of competitions: pattern and sparring, awarding

12.00-13.00 - Lunch

13.00-17.00 - Team sparring and team pattern

18.00 -23.00 - Official closing ceremony. Concert, banquet and disco party.